

Teach Pobail Mhuire Réalt na Mara Anagaire

An tAth Nigel Ó Gallachóir SP



The Third Week
of Lent
An Tríú
Domhnach
den Charghas



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Parish Office: 074-9548902
Web: www.annagryparish.ie
Email: pp.annagry@gmail.com
Facebook: @annagryparish
Instagram: #annagry_parish
Annagry Parish Pastoral Council:
Email: annagryppc@gmail.com
Charity No. CHY7373

Parish Child Safeguarding Liaisons
Dr Tony Delap 074-9532445
Mary Logue 087-4164426
Brid Rodgers 087-6218327

**Your Sunday gift to God and His
Church last week was €1,810
Míle buíochas**

Mass Bookings: Anyone wishing to
book a Mass or Christening, can do so
by calling 074-9548902

Parish Newsletter: Please submit
parish related items for inclusion in the
newsletter **before 6pm on Thursday** to:
pp.annagry@gmail.com

St Vincent de Paul: If you need
assistance from the S.V.P. contact:
0874153727. More details at the back
of the Church.

**Safeguarding Children Diocese of
Raphoe:** If you have a concern about
the welfare and safety of a child, please
contact any of the following:
Safeguarding Children Office, Diocesan
Pastoral Centre, Monastery Avenue,
Letterkenny, Co. Donegal. Designated
Liaison Person: Margaret Northage
0862183011 or 074 9125669
email: raphoesafeguarding@gmail.com
Tusla: Child and Family Agency
074 9123672 / 9123770.
Garda National Protective Services
Bureau 01-6663420

Paróiste Anagaire



Annagry Parish website

Aifrinn na Seachtaine

Sat	07th	Mar	6.30pm	Briainí, Eibhlín, & Padaí Devenney, Doire na Mainsear Murray & Brigid O'Donnell & Family, Mullaghduff
Sun	08th	Mar	9.00am 11.00am	Aifreann Dheireadh Seachtain na Gaeilge Phil Duffy, Mín a Craobhe - 1 st Anniversary
Mon	09th	Mar	No Mass	
Tues	10th	Mar	7.30am	Priest's Intention
Wed	11th	Mar	7.00pm	Priest's Intention
Thurs	12th	Mar	7.30am	Eileen O'Donnell, Mullaghduff
Fri	13th	Mar	7.00pm	Bried Duffy, Annagry - 1st Anniversary
Sat	14th	Mar	6.30pm	James Maria Boyle, Fred & Maria Boyle
Sun	15th	Mar	9.00am 11.00am	Missa Pro Populo Martin 'Sarah Coyle' Gallagher, Ailt an Éidheann 1 st Ann

Cuimhneacháin báis & bás le gairid: Tommy McFadden, Falcarragh. Séamus Ó Searcaigh, Rann na Feirsde. Connie Sweeney, Braade. Bernard O'Leary. Eamon Burges, Dublin.

The Holy Rosary is prayed in the chapel before Mass: every Wednesday, Friday & Sunday.

Adoration of the Most Blessed Sacrament: Friday 5pm -7pm

The Sacrament of Confession & Reconciliation is available after Mass by request

Holy Water available at the back of the church

Pope Leo's Prayer intention for March: For disarmament and peace: That nations move toward effective disarmament, especially nuclear disarmament, choosing dialogue and diplomacy over violence.

Áislann Rann na Feirste: Gligíní Rann na Feirste: Grúpa spraoi agus teacht le chéile do thuismitheoirí agus leanaí, ó 3 mhí d'aois go aois réamhscoile Dé Luain ag 10:30rn, tuilleadh eolais & clárú ag eilin@tuismitheoiri.ie, Ranganna Gaeilge maidin Dé Céadaoin ag 10rn, Karate achan oíche hAoine ó 6:30in, Naíonra Rann na Feirste ag clárú do 2026/2027, tuilleadh eolais ag 0873819509 nó rannafeirste@cng.ie agus Deireadh Seachtaine na Gaeilge 2026 ag toiseacht 6/3/2026. Tuilleadh eolais faoi ranganna agus imeachtaí san Áislann ar leathanach Facebook Áislann Rann na Feirste nó glaoigh ar an oifig ag 0749562222 nó 0892030875. Fáilte roimh gach duine.

Epilepsy Awareness Day: In Ireland today, over 45,000 people live with epilepsy. For further information, please visit www.epilepsy.ie. Purple Day (or Epilepsy Awareness Day) will take place on Thursday 26th March.

Pilgrimage to Lourdes: Flying from Dublin Sept 14th 2026 for 5 nights. Cost including flights and full board €995 per person sharing. Contact: Fran Mc Donagh 0876676476 Christina Martin 0876963094. For children with incurable diseases

Alcoholics Anonymous AA Local Meetings: Dungloe Community Hospital: Sundays & Wednesdays 8.30pm. Gweedore: Mabs Centre, Derrybeg F92KF82, Saturday 10.00am. Glenties: The Hub, Main Street, F94 C8H7, Mondays & Thursdays: 8.30pm. Ards Friary Creeslough: Fridays 8.30pm; or visit www.alcoholicsanonymous.ie or call 018420700.

Al-Anon: The Purpose of Al-anon is to help families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend in an anonymous environment. The only requirement for membership is that there be a problem of alcoholism in a relative or friend. Al-anon is not affiliated with any other organisation or outside entity. Local meetings: Pastoral Centre: Letterkenny: Sundays at 8pm, Tuesdays at 8.30 pm, Fridays at 10.30 am. 0749121853. Visit: www.al-anon-ireland.org Email: info@al-anon-ireland.org

A prayer to help live in the present moment: Slow Me Down Lord. Ease the pounding of my heart by the quieting of my mind. Steady my hurried pace with a vision of the eternal reach of time. Give me, amid the confusion of the day, the calmness of the everlasting hills. Break the tensions of my nerves and muscles with the soothing music of the singing streams that live in my memory. Help me to know the magical, restoring power of sleep. Teach me the art of taking minute vacations—of slowing down to look at a flower, to chat with a friend, to pet a dog, to read a few lines from a good book. Remind me each day of the fable of the hare and the tortoise, that I may know that the race is not always to the swift- that there is more to life than increasing its speed. Let me look upward into the branches of the towering oak and know that it grew great and strong because it grew slowly and well. Slow me down, Lord, and inspire me to send my roots deep into the soil of life's enduring values that I may grow toward the stars of my greater destiny. Amen.