



# Séipéal Mhuire Réalt na Mara Anagaire

*An tAth Nigel Ó Gallachóir SP*

**20ú Lúnasa 2023**  
**20th Sunday of the Year OTA**

PARÓISTE ANAGAIRÉ



ANNAGRY PARISH

**Parish Office:** 074-9548902  
**Web:** www.annagryparish.ie  
**Email:** pp.annagry@gmail.com  
**Facebook:** @annagryparish  
**Instagram:** annagry\_parish  
**Annagry Parish Pastoral Council:**  
**Email:** annagryppc@gmail.com  
**Charity No.** CHY7373

### Parish Child Safeguarding

#### Liaisons:

Dr Tony Delap 074-9532445,  
Mary Logue 087-4164426,  
Brid Rodgers 087-6218327

**Mass Bookings:** Anyone wishing to book a Mass or Christening can do so by calling 074-9548902

**Your gift to God and his Church last week was €1,025. Mile Buíochas**

**Parish Newsletter:** Please submit parish related items for inclusion in the newsletter before 6pm on Thursday to:  
pp.annagry@gmail.com

**St Vincent de Paul:** If you need assistance from the S.V.P. contact: 0874153727. More details at the back of the Church.

### Safeguarding Children Diocese of Raphoe:

If you have a concern about the welfare and safety of a child, please contact any of the following: Safeguarding Children Office, Diocesan Pastoral Centre, Monastery Avenue, Letterkenny, Co. Donegal. Designated Liaison Person: Margaret Northage 086 2183011. Phone 074 9125669 or email:

raphoesafeguarding@gmail.com Tusla: Child and Family Agency 074 9123672 / 9123770. Gardaí National Protective Services Bureau 01 6663420

### PAIDIR I NDIADH COMAOINEACH

A Íosa, na siúl romham inniu, nó is dócha nach leanfaidh mé thú. A Íosa, na siúl i mo dhiaidh inniu, nó is dócha nach dtabharfaidh mé treoir. A Íosa, bí do chara fial domh agus díreach siúl ag mo thaobh. Aiméan.

### Aifrinn na Seachtaine

<b>Sat</b>	<b>19th Aug</b>	<b>6.30pm</b>	Mary Gallagher, London & Doire na Mainséar Dan Rodgers, Meendernasloe Charlie Mhici Jimmy Mac Grianna, Rann na Feirsde
<b>Sun</b>	<b>20th Aug</b>	<b>9.00am</b>	Kathleen & Edward Langan, Annagry
		<b>11.00am</b>	Sheila Freel, Rannyhual - 1st Anniversary
<b>Mon</b>	<b>21st Aug</b>	<b>No Mass</b>	
<b>Tues</b>	<b>22nd Aug</b>	<b>10.00am</b>	Private intention
<b>Wed</b>	<b>23rd Aug</b>	<b>7.00pm</b>	Private intention
<b>Thur</b>	<b>24th Aug</b>	<b>10.00am</b>	Feast of St Bartholomew Apostle. Private intention
<b>Fri</b>	<b>25th Aug</b>	<b>7.00pm</b>	Jimmy Cannon, Falcarragh & Glasgow
<b>Sat</b>	<b>26th Aug</b>	<b>6.30pm</b>	John O'Connell
<b>Sun</b>	<b>27th Aug</b>	<b>9.00am</b>	Missa Pro Populo
		<b>11.00am</b>	Philie Rodgers, Loughanure, Month's Mind

**Cuimhniúcháin báis & bás le gairid:** Nora Sharkey, Mullaghduff. Rose McBride, Mullaghduff & Gweedore. Sheila & Barry Duggan, Mullaghduff. Bridget, Patrick & James Sharkey, Mullaghduff.

**The Parish Holy Rosary** is prayed everyday in the chapel: Monday to Friday at 1pm and twenty minutes before Mass time: Tuesday - Friday & Sunday.

**Adoration of the Most Blessed Sacrament:** Fridays 5pm -7pm

**Sacrament of Confession** available after Mass

**Holy Water** can be collected from the Sacristy after Mass

**Parish Visitation of the sick and housebound:** Fr Nigel will visit the sick and the housebound of the parish with Holy Communion on Tuesday 22nd August: Mullaghduff, Carrickfinn, Bunaman, Annagry & Meenaleck; & Wednesday 23rd: Kerrytown, Loch an Iúir, Rann na Feirsde. If you would like anyone added to the visitation list, please call the parish office 9548902

**Abide Eucharistic Conference '23:** On Saturday September 16th at 10:30am in St. Anne's Church, Cranmore Rd, Sligo. All are welcome to attend this conference. Guest speakers include Bishop Kevin Doran (Elphin), Archbishop Domenico Sorrentino (Assisi), Mother Adela Galindo & mission team (Miami), Fr Barry Braum (Tyburn, London) & more. Permanent installation of the relic of Bl. Carlo Acutis, Eucharistic Healing Service, Confessions, inspiring talks & testimonies.

**CURSILLO:** The Cursillo national pilgrimage to Knock Shrine is on Saturday the 2nd of September. There is a bus travelling from Letterkenny and picking up in Ballybofey, Donegal town, Ballyshannon and Bundoran. To book a seat please contact Clare on 0871375567. De Colores.

### Life is a Gift

Today before you think of saying an unkind word  
– think of someone who can't speak.

Before you complain about the taste of your food  
– think of someone who has nothing to eat.

Before you complain about your husband, wife or partner  
– think of someone who is crying out to God for a companion.

Today before you complain about life  
– think of someone who went too early to Heaven.

Before you complain about your children  
– think of someone who desires children but they're barren.

Before you argue about your dirty house, someone didn't clean or sweep  
– think of the people who are living in the streets.

Before whining about the distance you drive  
– think of someone who walks the same distance with their feet.

And when you are tired and complain about your job  
– think of the unemployed, the disabled and those who wish they had your job.

But before you think of pointing the finger or condemning another  
– remember that not one of us are without sin and we all answer to one maker.

And when depressing thoughts seem to get you down  
– put a smile on your face and thank God you're alive and still around.

Life is a Gift – Live it, Enjoy it, Celebrate it, and Fulfil it.