



Séipéal Mhuire Réalt na Mara

Anagaire

22Ú MÁRTA 2020

Ar Ath. Nigel Ó Gallachóir SP

☎ 074-9548902

Email:
pp.annagry@gmail.com

Facebook: @annagryparish

St Vincent de Paul: If you need assistance from the S.V.P. contact: 0874153727. More details at the back of the Church.

Mass Bookings: Anyone wishing to book a Mass or Christening can do so by calling 074-9548902

Newsletter: Please submit any items for inclusion in the newsletter before 6pm on Thursday to pp.annagry@gmail.com

Annagry Parish Child Safeguarding Liaisons:
Dr Tony Delap
074-9532445,
Mary Logue 087-4164426,
Bríd Rodgers 087-6218327

The Serenity Prayer
God grant me the serenity to accept the things I cannot change; the courage to change the things I can; and the wisdom to know the difference.

Críost liom
Críost liom, Críost romham,
Críost i mo dhiaidh,
Críost istigh ionam,
Críost fúm,
Críost os mo chionn,
Críost ar mo lámh dheis,
Críost ar mo lámh chlé,
Críost i mo luí dom,
Críost i mo sheasam dom,
Críost i gcroí achan duine atá ag cuimhneamh orm,
Críost i mbéal achan duine a labhraíonn liom,
Críost i ngach súil a dhearcas orm,
Críost i ngach cluas a éisteann liom.

Aifrinn na Seachtaine

Fr Nigel will say a non congregational daily Mass for the parish and the family intentions received:

Sat	21st Mar	Frances Rodgers, Meenacrieve
Sun	22nd Mar	Funeral Dónal Forker (strictly Family only)
Mon	23rd Mar	Private Intention
Tues	24th Mar	Private Intention
Wed	25th Mar	Pat Boyle & the Boyle Family, Loughanure
Thurs	26th Mar	Private Intention
Fri	27th Mar	Private Intention
Sat	28th Mar	Alastair Wilson, Ranafast Donnchadh Ó Domhnaill, Ranafast
Sun	29th Mar	Hugh Duffy, Loughanure & Annagry Bríd Wiggins, Doire na Mainsear. Months Mind



Bás le gairid: Dónal Forker, Annagry. Seamas Sharkey, Annagry

Due to the sudden cancellation of all our public Masses, I would like to take this opportunity to extend our best wishes to the parish community and that you all remain safe and well in these times of uncertainty. My intention is to phone or make contact in the coming week with those who are on the parish visitation *list of the sick and elderly*, or speak to their loved one/carer just to check in. Take care of each other and stay well, Fr Nigel

Garment of Suffering Basket: still available at the altar in the church. All cloths welcome

Local & Diocesan Parish Webcams.

St Columba's' Church, Acres, Burtonport
<https://www.mcnmedia.tv/camera/st-columbas-church->
St Crone's Dungloe
<https://www.mcnmedia.tv/camera/parish-of-dungloe-co-donegal>
Teach Pobail Chríost Rí, Gort A'Choice
www.mcnmedia.tv/camera/christ-the-king-gortahork
Letterkenny Cathedral: Bishop Alan will recite the Rosary every evening at 9.15pm:
<https://www.churchservices.tv/letterkenny>

PRAYER DURING TIMES OF A PANDEMIC

May we who are merely inconvenienced
Remember those whose lives are at stake.
May we who have no risk factors
Remember those most vulnerable.
May we who have the luxury of working from home
Remember those who must choose between preserving their health or making their rent.
May we who have the flexibility to care for our children when their schools close
Remember those who have no options.
May we who have to cancel our trips
Remember those who have no safe place to go.
May we who are losing our margin money in the tumult of the economic market
Remember those who have no margin at all.
May we who settle in for a quarantine at home
Remember those who have no home.
As fear grips our country,
Let us choose love.
During this time when we cannot physically
Wrap our arms around each other,
Let us yet find ways to be the loving embrace of God to our neighbours. Amen.

EMERGENCY / CRISIS NUMBERS:

YOUR LOCAL GP OR NOWDOC OUT OF HOURS GP SERVICE 1850 400 911	GARDAI / EMERGENCY SERVICES 999 / 112	THE SAMARITANS 116 123 TEXT 087 200 9090 EMAIL: jo@samaritans.org
DOMESTIC VIOLENCE SERVICE WOMEN'S AID NATIONAL HELPLINE 1800 341 900	AWARE SUPPORT LINE 1800 80 48 48 Email: supportmail@aware.ie	24/7 SUICIDE HELPLINE 1800 247 247 TEXT: 'HELP' TO 51444 (PIETA HOUSE)
NATIONAL RAPE CRISIS 24/7 HELPLINE 1800 778 888 Email: counselling@rcc.ie	CHILDLINE 1800 666 666	FARM AND RURAL STRESS HELPLINE 1800 742 645

OTHER SUPPORTS:

PIETA HOUSE "Providing suicide and self-harm" 074 91 26594	JIGSAW Peer Support 074 97 26920 jigsaw@pieta.ie	SHINE 1890 621 631 Supporting People affected by Alcohol @shineline	GROW 1890 474 474 Supporting those experiencing mental health problems	NATIONAL LGBT HELPLINE 1890 929 539	MABS 1890 927 277 www.mabs.ie
Living Links Bereavement Counselling and Support Service 087 928 6007	ONLINE COUNSELLING www.helpline.org	SUKOKE 1890 877 2028	MENTAL HEALTH IRELAND www.mentalhealthireland.ie	PARENT LINE 1890 927 277 www.parentline.ie	